

# LUNCH MENU

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## SPECIALTY SANDWICH

### VIETNAMESE HOAGIE \$12

Grilled chicken, carrot, cucumber, pickled jalapeno, cilantro, Asian vinaigrette.

### CUBAN \$13

Grilled chicken, ham, Swiss, whole grain mustard, pickle.

### CHICKEN PICKLE \$12

Sriracha butter milk brine fried chicken pickles, chipotle ranch slaw, honey mustard bbq sauce.

### CHICKEN PARMESAN \$11

Crispy chicken cutlet, marinara, fresh mozzarella, basil.

### BAJA \$12

Grilled chicken, cabbage slaw, lemon vinaigrette, chipotle mayo, avocado.

### CHICKEN BLT \$13

Crispy chicken cutlet, crisp bacon, honey mustard, bbq sauce, lettuce, tomato and onion.

### PESTO CHICKEN \$12

Grilled chicken pesto, fresh mozzarella, roasted pepper.

## BETWEEN THE GREENS

No Meats Allowed

### GARDEN SALAD \$10

Field greens, cucumbers, tomatoes, carrots and balsamic dressing.

### CAESAR SALAD \$11

Homemade croutons and parmesan cheese.

### MOROCCAN SALAD \$12

Crispy chick peas, grape tomatoes, cucumbers, raisin and almonds on lettuce.

## BACK TO THE BASICS

Construction Zone

### ITALIAN HOAGIE \$12

Salami, capicola, ham, provolone, lettuce, tomato, onion, oil, vinegar, salt, pepper, oregano.

### ROAST BEEF SPECIAL \$11

Boar's Head beef with coleslaw and swiss cheese.

### CHICKEN SALAD HOAGIE \$11

With American cheese, lettuce, tomato & onions.

### VEGGIE LOVERS WRAP \$13

With hummus, kalamata olives, roasted vegetables, lettuce, tomato, signature dressing.

### TUNA SALAD HOAGIE \$11

Flake tuna, red onion, celery, relish, leaf lettuce, plum tomato.

## LET'S INVITE PROTEIN

Add to any salad

### GRILLED CHICKEN \$4

### GRILLED SALMON \$5

### TUNA SALAD \$4

### CHICKEN SALAD \$4

### BLACKENED TOFU \$4

## HITS OF THE 70'S

### CHICKEN SALAD SANDWICH \$9

Pulled chicken, grapes, celery seed, lettuce, tomato.

### TURKEY SANDWICH \$10

Boars Head Turkey, swiss, lettuce, tomato and mayo.

### TUNA SALAD SANDWICH \$9

Flake tuna, red onion, relish, celery, leaf lettuce, plum tomato.